

Patient Diary - Crohn's disease activity index:

Patient name: _____

7 days preceding next visit - month and day

1 2 3 4 5 6 7

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|--|--|--|--|--|--|--|--|--------|
| Number of liquid or soft stools each day | | | | | | | | Total: |
| Abdominal pain 0=none, 1=mild, 2=moderate, 3=severe): | | | | | | | | Total: |
| General well-being: 0 (generally well), 1= slightly under par, 2=poor, 3=very poor, 4 =terrible.. | | | | | | | | Total: |

Instructions: complete this card each day before going to bed. Your answer should describe the preceding 24 hours.